

Dear Caterpillar and Butterfly Children

I hope you have been able to stay cool whilst enjoying this unusually hot weather we are currently experiencing.

Here are some activities that you could be doing to keep cool.

- *Draw a picture of our farm visit last week.*
 - *Can you name all of the animals that we saw?*
 - *Talk about what your favorite part of the day was and why.*



- *Water play.*
 - *Fill up a washing up bowl, paddling pool or your bath with a small some water.*
 - *Have some different sized containers and see how much liquid it will hold.*
 - *If you have some ice fill a container with that and use different spoons to put them into small bowls or pots.*



- Freeze some toys in a tray overnight. Your child will have fun trying to rescue them or watch them melt throughout the day.



- Use whatever construction material that you have (such as lego, blocks, duplo etc) and build a farm.
 - On some paper draw some farm animals and make a little story.



- Use the internet or books to find some stories or rhymes set on the farm.
- Find out the name of animals and their young. For example a baby cow is called a calf. You could draw a picture and try to copy the names.
- Find a recipe to make some healthy lollies to freeze overnight.
- Make a homemade milkshake with your favourite fruits.
- Sit and watch your favourite movie or TV shows with the curtains closed.