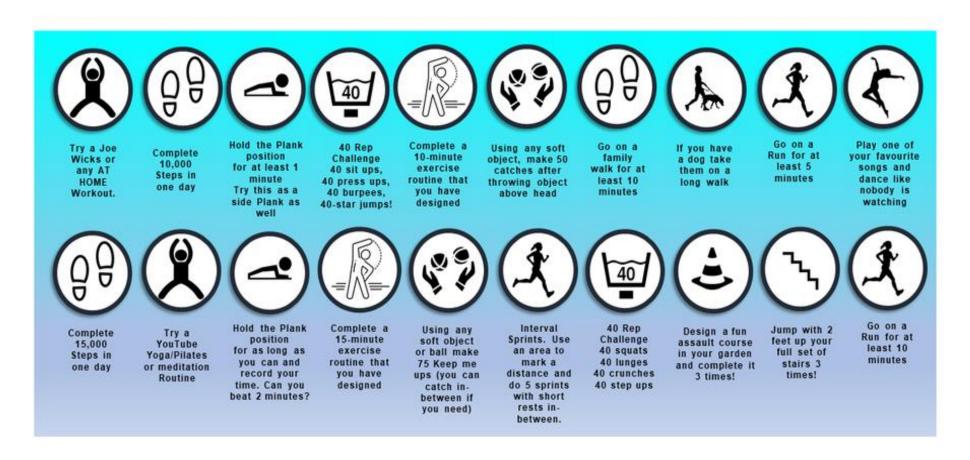
## Kents Hill wellbeing fitness challenge



## How many can you complete this week?

Complete 4 in a week - well done!

Complete 7 in a week - excellent!

Complete all the activities - amazing!





