## What can you do in 1 minute?

| Activity | Estimate | Result |
| :---: | :---: | :---: |
| How many times can you ride in your pavement in a minute? |  |  |
| How many times can you catch a ball in a minute? |  |  |
| How many times can you take off and put on your jumper in a minute? |  |  |
| How many times can you do cartwheel in a minute? |  |  |
| How many times can you skip in a minute? |  |  |
| How many times can you do the hopscotch in the playground in a minute? |  |  |

